

# Striking & Fielding 1

## Striking and Fielding Game Skills 1



In this unit children learn basic batting, fielding and bowling skills. They learn how to run between wickets; of some basic rules and how to work together through good communication.

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
<b>SKILLS</b>  I can.....	Strike a ball off a tee  Get in line with the ball and field it.	Stop a ball with 2 hands, creating a barrier behind it with my feet or body.  Hit a ball to the leg side	Bowl a ball overarm at a target.  Strike a ball off a tee through the off side	Pick up a ball with one hand and throw it underarm  Call for runs sensibly and decisively when batting.	Chase and retrieve a ball  Make good decisions when batting about when to run and when not to.	Bowl either under or overarm with some accuracy  Wicket keep effectively  Apply a range of skills the court
<b>KNOWLEDGE</b>  I know.....	That I need to run, after striking a ball, to accumulate runs.  To touch my bat over the crease line and slide it on my final run	When to run and when not to.  How to form a long barrier to stop a ball	That I have to bowl from on or behind the crease  To try and bowl keeping my arms straight.	That I need to communicate with my partner to accumulate runs  The different calls used by batsmen/ women when they want to run.	That a batsman / woman should always call after each ball.  That, as a batter, I don't always have to run	The importance of staying in my crease.  How to adopt a wicket keeping stance.  To demonstrate The School Games values
<b>ASSESSMENT</b>  I can...	Work safely within a defined space	Communicate effectively and work well with others.	Show awareness of boundaries and rules	Work safely within a defined space	Communicate effectively and work well with others.	Show awareness of boundaries and rules

## Striking & Fielding 2

## Striking and Fielding Game Skills 2



In this unit we look at more advanced skills like backing up in the field and chasseeing down the pitch to strike a ball whilst we are on the move.

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
<b>SKILLS</b>  I can.....	Catch a ball after one bounce.  Strike a ball off a tee	Bowl overarm with a straight arm.  Stop the ball consistently as wicket keeper.	Pick up a ball one handed and return it underarm  I can return the ball quickly from my boot-laces	Strike a ball to leg from a short delivery  I can back my friends up in the field  Make a long barrier	Chase a ball and throw it back accurately  Strike a ball off a tee whilst on the move	Play a game applying the skills I have learned.  Demonstrate the school games values
<b>KNOWLEDGE</b>  I know.....	To run between the wickets after striking a ball into space.  To touch or slide my bat over the crease line	To bowl from the crease line  The stance to adopt when keeping wicket  What a no-ball and wide are	Why is it important to be adept at picking the ball up with both hands.  At which point from the crease I need to slide my bat.	The importance of a high back lift when playing short bowling  How to form a long barrier  What the correct technique for throwing overarm is.	Why it is important to back throws up in the field  Why we might chassee down the pitch as a batsman	Why outfielders walk in with the bowler whilst close fielders stand still.  The importance of good communication between batters and fielders
<b>ASSESSMENT</b>  I can...	Work safely within a defined space	Communicate effectively and work well with others.	Show awareness of boundaries and rules	Work safely within a defined space	Communicate effectively and work well with others.	Show awareness of boundaries and rules