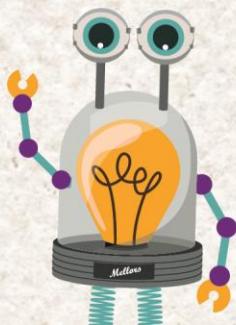


WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEAT MAIN DISH</b>	Sweet Potato & Spinach Curry (Meat Free Monday)	Chicken Pie	Roast Ham Dinner	All Day Breakfast	Cod Fish Fingers
<b>VEGETARIAN / FISH MAIN DISH</b>	Quorn Sausage	Roasted Ratatouille Slice	Cheese & Onion Quiche	Vegetarian Breakfast	Vegetable Fried Rice
<b>ACCOMPANIMENTS</b> 	French Beans Mash Potato Salad bar	Garden Peas New Potatoes Salad Bar	Broccoli Roast Potatoes Salad Bar	Baked Beans Hash Brown Salad Bar	Garden Peas Chips Salad Bar
<b>DESSERTS</b>	Marble Sponge with Custard	Oat Cookie	Chocolate & Orange Brownie	Lemon Muffin	Cherry Shortbread
<b>FRESH FRUIT &amp; YOGHURT</b> 	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
<b>ADDITIONAL OPTIONS</b>	Sandwich Selection	Selection of Sandwiches ~ Filled Baked Jacket Potato	Sandwich Selection	Selection of Sandwiches ~ Filled Baked Jacket Potato	Sandwich Selection



# MENU



Fuel your afternoon with  
a healthy school lunch  
from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION