

Week 1		Week 2		Week 3		Week 4		
Monday	On the side:		On the side:		On the side:		On the side:	
	Macaroni Cheese	Spicy Wedges	Oven Baked Pizza	Chipped Potatoes	Vegetable Risotto & Cheese	Crusty Bread	Cheese Flan	Country
	Vegetable	Mixed			Tomato & Basil Pasta	Green Beans	Vegetable Chilli	Vegetable
	Bolognaise in a jacket potato	Country	Quorn Burger		Flavoured Frozen Yoghurt		Raspberry Smoothies	French Bread
Tuesday	Artic Roll	Vegetables	Chocolate & Vanilla Mousse	Garden Peas				
	Stuffed Chicken & Veg Tortilla	Diced paprika Potatoes	Beef & Sweet Potato Goulash	Crusty Bread	Spaghetti Bolognaise	Garlic Bread	Homemade	Chipped
	Stuffed Quorn	Baked Beans	Quorn Goulash	Sweetcorn	Quorn Bolognaise	Diced carrots	Sausage Roll	Potatoes
	Tortilla						Vegetarian	Baked Beans
Wednesday	Fruit Banana Split & Yoghurt		Berry & Greek Yoghurt		Fresh Prepared seasonal Fruit & Yoghurt		Sausage Roll	
							Fresh Prepared Seasonal Fruit & Yoghurt	
	Mexican Chilli	Basmati Rice	Roast Chicken & Yorkshire Pudding	Roast & Creamed Potatoes	Pizza Whirls	Potato Wedges	Chicken Tikka Masala	Basmati Rice & Naan Bread
	Mexican Vegetable Chilli	Sliced Green Beans	Vegetable Ravioli	Broccoli Mashed Carrots & Swede	Sweet chilli Quorn	Sweetcorn	Chickpea & Lentil Tikka Masala	Garden Peas
Thursday	Victoria Sandwich		Fresh Prepared seasonal Fruit & Yoghurt		Apple, berry & Pear Crumb		Lemon Drizzle Cake	
	Roast Turkey	Roast & Creamed Potatoes	Braised Sausage in Gravy	Roast & Creamed Potatoes	Cajun Chicken	Stir Fried Noodles	Sliced Ham & Pineapple	New Potatoes
	Leek And Potato Bake	Baton Carrots & Broccoli	Braised Quorn Sausage in Gravy	Cauliflower & Baton Carrots	Boston Bean Casserole	Sliced Green Beans	Vegetable & Bean Burrito	Broccoli & Sweetcorn
	Mixed Melon & Sultanas Yoghurt		Selection Of seasonal Fruit & Yoghurt		Oatmeal Cookies		Selection Of seasonal Fruit & Yoghurt	
Friday	Baked Pollock With Lemon	Chipped Potatoes	Fish finger Wrap & sweet chilli sauce	Basmati Rice	Fish Cake & sweet Chilli Sauce	Diced Potatoes	Salmon Fish fingers	Jacket wedges
	Country Bake	Garden Peas & Sweetcorn	Sweet Chilli Vegetables	Mixed Vegetables	Sweet & Sour Vegetable Noodles	Mushy Peas	BBQ Quorn Fillets	Diced Carrots
	Lemon Shortbread		Blueberry Muffins		Ginger Cookies		Flapjack	
Meat Free Mondays								

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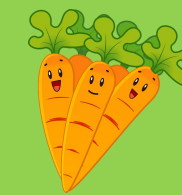
FRESH SALAD
& Baked Potatoes
AVAILABLE
DAILY

Jugs of
Water,
Yoghurts &
fresh
Prepared
fruit Daily





TRAFFORD SCHOOL MEALS



ALL OUR BEEF
IS FROM THE
UK OR IRELAND

WE CAN TRACE
EVERY CUT OF
MEAT BACK TO
THE FARMS OF
ORIGIN

Trafford are
committed to Healthy Eating in
our Schools, Supporting The Food
for Life scheme, cooking
Fresh and Homemade meals

We buy 95% of our
seasonal vegetables
direct from British
Growers

Lunch
Menu

We can bespoke our
menu's to reflect your
children's dietary
needs, so that school
meals can be enjoyed

All our fish is MSC
approved and all our
bananas and sugar
are Fair Trade

We support
82 British
Dairy Farms



Our Chicken
and Milk are



All our fish is MSC Ap-
proved and all our ba-
nanas and sugar are
Fairtrade

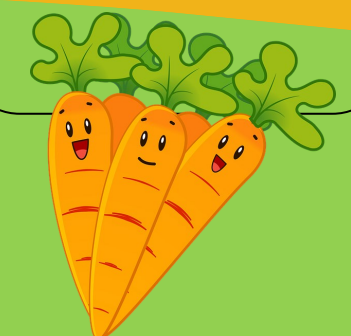


We only use
Lion Quality



Over 30% of our products
are transported by vehicles
that run on biodiesel

WE SUPPORT
MEAT FREE
MONDAYS!



Education Catering Services, OSfE, Trafford Council, Moss View Centre, Moss View Road, Partington, Manchester M31 4DX

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