



# RELATE

## Activity Guide 1

### Developing Good Listening Skills

## ACTIVITY 1: Developing Good Listening Skills

### Learning objective:

- ▶ Your child learns the importance of being able to listen well.
- ▶ Your child understands some basic listening skills.
- ▶ Your child can explain what good listening skills are.

### Learning approach:

We suggest running this activity straight after the story, this allows your child to make the appropriate connections.

To set up this activity we recommend that you print out the three listening skills posters provided. Start this activity by introducing each of the following three listening skills to your child, showing the posters as you do so.

The three listening skills are:

- ▶ Look at someone when they are talking to you, make eye contact.
- ▶ Nod your head to show you understand what they are saying.
- ▶ Ask questions if you don't understand.

For each of these skills, take a couple of minutes to discuss with your child why they are important. Next, we'd like you to work with your child to come up with an action that illustrates each skill. This should be something fun and memorable for your child.

You may choose to encourage your child to use this action whenever you reference that particular listening skill.

To close out this activity we recommend that you share examples of when your child listened really well during the activity.

## Top tips:

- ▶ Keeping it simple at this stage is really important, we want your child to embed these skills and be able to remember them.
- ▶ Do try and engage your child in the actions as this will really help them to remember the skills.
- ▶ Reward your child for showing good listening skills, calling out the skills they have used.

We'd love to see photos of the activities in action! Why not share your pictures at:

