

# Trafford School Lunch Menu

Week 4

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Chicken  
Supreme

Homemade Italian  
Lasagne

Roast Chicken  
and  
Stuffing

Sausages  
In Gravy

Cod Battered  
Goujons

Vegetarian

Quorn  
Supreme

Vegetable Roast  
Lasagne

Vegetable Roast  
&  
Stuffing

Quorn Sausages  
In Gravy

Tomato & basil  
Pasta Served

Carbs

Plain Boiled  
Rice

Garlic bread

Roast  
Potatoes

Creamed  
potatoes

Oven Baked  
Spicy Wedges

Vegetables

Baton  
Carrots

Garden Peas

Broccoli

Sweetcorn

Green Beans  
Provençale

Pudding

Frozen Yoghurt

Apple, pear & forest  
fruits crumble and  
custard

Ginger Cookies

Fresh Fruit  
Salad

Bran loaf served with  
fresh Apple Slices

Jugs of  
Water,  
Fresh Fruit  
and  
Yoghurt  
Served  
Daily



Freshly prepared salad served each day with, tomato, cucumber, lettuce, peppers. Plus daily special:  
• Couscous • Potato salad • coleslaw rice salad • pasta salad