

# Trafford School Lunch Menu

Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Meat Balls served  
with a Italian  
tomato Sauce

Chicken Tikka  
Masala

Roasted Gammon  
Served with  
pineapple

Cottage Pie

Battered Pollack

Vegetarian

Vegetarian Balls  
served with a  
Italian tomato  
sauce

Quorn Tikka  
Masala

Homemade  
Vegetarian  
Quiche

Vegetable  
Cottage pie

Freshly Made  
Cheese Whirls

Carbs

Fresh Herby  
Pasta

Naan Bread &  
Plain Rice

Roasted  
Potatoes

Crusty Bread

Chipped  
Potatoes

Vegetables

Country style  
Mixed Vegetables

Sweetcorn

Cauliflower Cheese  
and Carrots

Diced Carrot  
& Swede

Garden Peas

Pudding

Choc Sponge Pudding  
White Vanilla sauce

Mango + Orange  
Smoothie

Oat meal  
Cookie

Fruit Jelly

Banana Bread

Jugs of  
Water,  
Fresh Fruit  
and  
Yoghurt  
Served  
Daily



Freshly prepared salad served each day with, tomato, cucumber, lettuce, peppers. Plus daily special:  
• Couscous • Potato salad • coleslaw rice salad • pasta salad