

# Trafford School Lunch Menu

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Turkey  
Burger on served  
on a bun

Italian Bolognese  
Pasta Bake

Roast Turkey served  
with Yorkshire  
pudding and Onion  
gravy

BBQ coated  
Chicken

Battered Salmon  
Fish Fingers

Vegetarian

Quorn Burger  
served on a  
bun

Vegetable  
Bolognese

Quorn Fillet served  
with Yorkshire  
pudding and Onion  
gravy

BBQ Coated  
Quorn

Vegetable  
Breaded Grill

Carbs

Oven baked  
Jacket Wedges

Fresh  
Crusty Bread

Roast potatoes

Mediterranean  
Cous Cous

Chipped  
Potatoes

Vegetables

Vegetable  
Crudités

Garden Peas

Broccoli

Sweetcorn

Baked Beans

Pudding

Raspberry  
Smoothie

Blueberry  
Muffins

Shortbread

Lemon Drizzle  
Cake

Flapjack

Jugs of  
Water,  
Fresh Fruit  
and  
Yoghurt  
Served  
Daily



Freshly prepared salad served each day with, tomato, cucumber, lettuce, peppers. Plus daily special:  
• Couscous • Potato salad • coleslaw rice salad • pasta salad